# Trust-Based Resources for Kansas Families

Workshop at the 2022 Kansas Governor's Conference for the Prevention of Child Abuse Greg Lombard Rea M.Div.; Post-Adoption Support Specialist greg@AdoptionFriend.com

### **VIDEOS**

**Trust-Based Relational Intervention**. Karyn Purvis Institute of Child Development Channel on YouTube. The heart of Trust-Based Relational Intervention.

- TBRI® Animate: Toxic Stress & The Brain
- TBRI®: Trust-Based Relational Intervention®

#### **Common Issues**

- "Transitions" with Cindy Lee
- "Lying" with Cindy Lee
- "Power Struggles" with Cindy Lee
- "Sleep Issues" with Cindy Lee
- "<u>Lying</u>" with Melissa Corkum (video and blog)
- "Lying" with Robyn Gobbel (podcast episode, not a video)

**Empowered to Connect Channel** on YouTube. An inspired faith-based interpretation of Trust-Based Relational Intervention.

- Empowered to Connect Playlist
- Will Trust Based Parenting Work for My Child?
- Will Trust Based Parenting Prepare My Child for the Real World?

### **Robyn Gobbel**

What Behavior Really Is (Master Class & Book)

#### **PODCASTS**

Scroll through the episodes and see what catches your eye.

- The Adoption Connection Podcast
- Robyn Gobbel Parenting After Trauma Podcast
- The Empowered to Connect Podcast
- Empowered Parent Podcast
- The Brilliance of Attachment Robyn Gobbel

**BOOKS** (I like to buy books from my <u>Local Bookstore</u>, but these are available online.)

- The Connected Parent by Lisa Qualls and Dr. Karyn Purvis
- The Brilliance of Attachment by Robyn Gobbel (Click HERE for free download)
- Reframing Foster Care by Jason Johnson
- The Out of Sync Child by Carol Stock Kranowitz (Sensory Processing Disorder)



#### **PEOPLE**

- <u>Ryan and Kayla North</u>: These fun, smart adoptive parents introduced me to Trust-Based/Connected Parenting through their podcast.
- <u>Lisa Qualls</u>: A delightful adoptive mom and TBRI Practitioner who provides a deep, gentle and insightful presence for other adoptive parents.
- <u>Melissa Corkum</u>: An adoptive mom and self-identified brain-geek who provides compassionate, science based support for adoptive parents.
- <u>Robyn Gobbel</u>: Robyn combines the research of neuro-scientists; Dr. Bruce Perry and Dr. Dan Siegel, into rich and practical insights for parents who are raising children that experienced trauma.
- <u>Jason Johnson</u>: And adoptive and Foster dad who shares the wisdom gained from tough times and is still moving forward

#### KANSAS TRAININGS

- Kansas Post Adoption Resource Center: KPARC
  - Trauma Free World Training Kansas Training Specialist, Jennifer Meyer jennifer.meyer@fosteradopt.org
  - CORE Teen Training Kansas Training Specialist, Jennifer Meyer jennifer.meyer@fosteradopt.org
- Children's Alliance
  - Trust-Based Relational Intervention Caregiver Training

#### **WEB**

- Facebook: The Adoption Connection (International); TBRI® Connected Parenting Life Group; AdoptionFriend.
- <u>The Adoption Connection.com</u>: Real life Resources by and for adoptive parents.
- <u>AdoptionFriend.com</u>: Compassion, Connection and Resources for Adoptive and Foster parents.

## **BLOCKED CARE**

- "Brain Based Parenting" by Dan Hughes & John Baylin
- The Adoption Connection
  - <u>The Compassion Challenge</u> Free
  - From Apathy to Empathy \$50
  - Overcoming Blocked Care Group Coaching (Watch The Adoption Connection Facebook Page)

